

ENT

INSTRUCTIONAL COURSE WEEK 2008

www.pgmi.com.sg/entweek08

Snoring & Sleep Apnoea Surgery Course

1 – 3 November

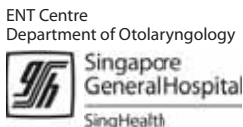
1st Singapore ENT Laser Course

4 – 5 November

Hands-on Transnasal Esophagoscopy Workshop

6 November

Organised by



Welcome Message

Dear Friends and Colleagues,

This year marks the fourth ENT Instructional Course Week, organised by the Department of Otolaryngology in the Singapore General Hospital. In 2007, this event attracted more than 100 registrants from 12 countries, participating in four different courses that were held back to back. Since this event was first launched, we have received numerous requests urging us to run our courses again. My heartfelt thanks to all our past and repeat participants for making our event the success it is today.

Our popular courses were run in July — Otology and Neuro-Otology, Functional Endoscopic Sinus Surgery, and Head & Neck Surgery. From the start, we had realised the importance of having a practical approach in our courses and have designed them to cater to the needs of trainees as well as specialists who want to revise or improve their surgical skills through cadaveric dissections. As such, the emphasis is on management strategies and surgical techniques. It is with pride that we can say we have received positive feedback on our course content.

As part of our constant efforts to tailor our content to make it more relevant for our participants, we are pleased to introduce three other new courses in November: the Snoring & Sleep Apnoea Surgery Course, 1st Singapore ENT Laser Course and Hands-on Transnasal Esophagoscopy Workshop.

The various courses will be taught by our department staff, as well as an international faculty. Together, we are confident that we will be able to provide a comprehensive instructional course with ample learning opportunities for all.

I look forward to welcoming you in Singapore for an exciting week of learning and exchange and, for some of you, a time of renewing friendships.

A/Prof Christopher Goh
Head & Senior Consultant
Department of Otolaryngology
Singapore General Hospital

Course Directors

Snoring & Sleep Apnoea Surgery Course	Dr Ignatius Mark Hon Wah (Director)
1 st Singapore ENT Laser Course	Dr David Lau (Director) Dr Eng Soh Ping (Co-director)
Hands-on Transnasal Esophagoscopy Workshop	Dr David Lau (Director) Dr Eng Soh Ping (Co-director)

Overseas Teaching Faculty

Dr Rayleigh Ping-Ying Chiang

Chairman, Department of Otolaryngology,
School of Medicine, Fu Jen Catholic University;
Attending, Department of Otolaryngology and
Sleep Center, Shin Kon WHS Memorial Hospital;
Board of Directors, Taiwan Society of Sleep Medicine,
Taipei, Taiwan

Dr Damayanti Soetjpto

ENT Department, Cipto Mangunkusumo Hospital,
University of Indonesia, Indonesia

Prof Richard Goode

Professor of Otolaryngology — Head & Neck
Surgery, Stanford University Medical Centre,
United States

A/Prof Sung Wan Kim

Department of ENT,
Kyunghee University Medical Center, Korea

Dr Suren Krishnan

Head of Department, Otolaryngology, Head and
Neck Surgery, Royal Adelaide Hospital, Australia

Prof Soichiro Miyazaki

Department of Sleep Medicine,
Shiga University of Medical Science, Japan

Prof Marc Remacle

Department of Otorhinolaryngology, Head and
Neck Surgery, University Hospital of Louvain at
Mont-Godinne, Belgium

Dr Michael Alexius A Sarte

Director, The Medical City, Pasig City, Philippines;
Center for Snoring and Sleep Disorders, Philippines

Prof Chol Shin

Director of Pulmonary Division,
Department of Internal Medicine;
Director of Pulmonary Sleep Disorder Center;
Director of Institute of Human Genomic Study,
Korea University Ansan Hospital, Korea

Dr Arthur Teng

Head, Department of Sleep Medicine,
Sydney Children's Hospital, Randwick New South
Wales, Australia

Local Teaching Faculty

Dr Chng Seo Yi

Consultant, The Children's Medical Institute,
National University Hospital

Dr Eng Soh Ping

Consultant, Ear, Nose and Throat (Otolaryngology),
Changi General Hospital

A/Prof Christopher Goh

Head & Senior Consultant, Department of
Otolaryngology, Singapore General Hospital

Dr Goh Yau Hong

Consultant, YH Goh ENT Surgery

Dr Hsu Pon Poh

Senior Consultant, Ear, Nose and Throat
(Otolaryngology), Changi General Hospital

Dr Jacqueline Hwang

Senior Consultant, Department of Pathology,
Singapore General Hospital

Dr David Lau

Senior Consultant, Department of Otolaryngology,
Singapore General Hospital

Dr Leong Jern-Lin

Consultant, Department of Otolaryngology,
Singapore General Hospital

Dr Lim Li Ling

Director & Consultant Neurologist,
Sleep Disorders Unit, Singapore General Hospital

Dr Constance Lo

Senior Consultant, Department of Respiratory &
Critical Care Medicine, Singapore General Hospital

Dr Eric Lye

Associate Consultant, Oral & Maxillofacial Surgery,
National Dental Centre

Dr Ignatius Mark Hon Wah

Visiting Consultant, Department of Otolaryngology,
Singapore General Hospital;
Consultant ENT Surgeon, Ascent Ear Nose and
Throat Specialist Group

Dr Gregory Meredith

Senior Consultant, Department of Anaesthesia &
Surgical Intensive Care, Singapore General Hospital

Dr Steven Mesenas

Senior Consultant, Department of Gastroenterology
& Hepatology, Singapore General Hospital

Dr Ong Thun How

Consultant, Department of Respiratory & Critical
Care Medicine, Singapore General Hospital

A/Prof Ooi Choon Jin

Senior Consultant, Department of Gastroenterology
and Hepatology, Singapore General Hospital

Dr Kenny Pang

Consultant ENT/Sleep Surgeon, Director, Pacific
Sleep Centre

Dr Poon Kee Hoon

Visiting Orthodontist, Orthodontics,
National Dental Centre

Dr Ruban Poopalalingam

Consultant, Department of Anaesthesia & Surgical
Intensive Care, Singapore General Hospital

Dr Adrian Saurajen

Consultant,
Ear.Nose.Throat & Snoring Centre

Prof Henry Tan

Head & Senior Consultant,
Paediatric Otolaryngology,
KK Women's and Children's Hospital

Dr Jenny Tang

Head & Senior Consultant, Respiratory Medicine
Service, Deputy Head of Paediatric Medicine and
Medical Director of Sleep Disorders Centre,
KK Women's & Children's Hospital

Dr Toh Song Tar

Registrar, Department of Otolaryngology,
Singapore General Hospital

Dr Joseph Wee

Senior Consultant, Department of Radiation
Oncology, National Cancer Centre

Dr Yeo Seng Beng

Senior Consultant, Department of
Otorhinolaryngology,
Tan Tock Seng Hospital

Dr Mimi Yow

Senior Consultant, Orthodontics,
National Dental Centre

SNORING & SLEEP APNOEA SURGERY COURSE

1–3 November 2008

About the Course

This course is designed for ENT specialists and doctors in training who have an interest in the management of Snoring and Obstructive Sleep Apnoea (OSA) and aims to give participants a balanced and comprehensive view of the management of Snoring and Obstructive Sleep Apnoea. It is a three-day course consisting of a series of core lectures on sleep medicine, the basics of OSA and also the surgical techniques. On the second and third day, participants can choose to go for hands-on cadaveric dissection workshop which will allow participants to explore surgical techniques further to the lecture topics discussed. Continuous Positive Airway Pressure (CPAP) and Polysomnography (PSG) Workshops, will also be held on the afternoons of 1 & 2 November.

DAY 1: SATURDAY, 1ST NOVEMBER 2008

Lecture Topics:

- ✦ From Snoring to Sleep Apnoea: An Overview of Sleep Disordered Breathing in an Asian Population
- ✦ Overview of Sleep and Sleep Disorders
- ✦ Introduction to PSG and Other Diagnostic Investigations
- ✦ Epidemiology, Pathogenesis and Clinical Implications of OSA
- ✦ Assessment of a Suspected OSA Patient
- ✦ General Overview of Treatment of OSA.
- ✦ Medical Approach to OSA: Positive Airway Pressure (PAP) Therapy
- ✦ Dental Approach to the Management of OSA
- ✦ Surgical Approach to Management of OSA
- ✦ What is the Practice of Paediatric Sleep Medicine?
- ✦ The Sleepy Child
- ✦ Paediatric OSAHS — An Underdiagnosed Entity
- ✦ Morbidity of Paediatric Sleep Apnoea and Treatment Options
- ✦ Dentofacial Growth and Characteristics of Children with Sleep-related Breathing Disorders

DAY 2: SUNDAY, 2ND NOVEMBER 2008

Lecture Topics:

- ✦ How to Interpret a PSG report
- ✦ Endoscopic Evaluation of the Airway
- ✦ Radiographic Analysis of the Airway
- ✦ Paediatric OSA — Airway Assessment
- ✦ Paediatric OSA — Surgical Treatment
- ✦ Decision Algorithm for Surgery
- ✦ The Nose in OSA
- ✦ Minimally Invasive Treatment of the Inferior Turbinate

course description continues after registration form...

Registration Form

Early Bird Rates
Extension
15 September 2008



November Courses	Fees	Registration Package	Registration Rates			
			# Early Bird Rates On/Before 15 September 2008	Standard Rates After 15 September 2008		
Snoring & Sleep Apnoea Surgery Course (SSA) (1-3 November 2008)		Lectures Only	<input type="checkbox"/>	S\$280	<input type="checkbox"/>	S\$350
		Lectures & Cadaveric Dissection Observation	<input type="checkbox"/>	S\$550	<input type="checkbox"/>	S\$700
		Full Course S	<input type="checkbox"/>	S\$1,350	<input type="checkbox"/>	S\$1,580
		* Add Workshops to SSA Course!				
		Lectures & CPAP Workshop	<input type="checkbox"/>	S\$360	<input type="checkbox"/>	S\$430
		Lectures, Cadaveric Dissection Observation & CPAP Workshop	<input type="checkbox"/>	S\$630	<input type="checkbox"/>	S\$800
		Full Course & CPAP Workshop	<input type="checkbox"/>	S\$1,430	<input type="checkbox"/>	S\$1,680
1 st Singapore ENT Laser Course (LSR) (4-5 November 2008)		Lectures & PSG Workshop	<input type="checkbox"/>	S\$400	<input type="checkbox"/>	S\$500
		Lectures, CPAP Workshop & PSG Workshop	<input type="checkbox"/>	S\$480	<input type="checkbox"/>	S\$600
		Lectures Only	<input type="checkbox"/>	S\$200		
Hands-on Transnasal Esophagoscopy Workshop (TNE) Workshop (6 November 2008)		Lectures & Workshop Observation	<input type="checkbox"/>	S\$300		
		Full Course S	<input type="checkbox"/>	S\$1,000		

S Full course refers to lectures and cadaveric dissection workshop

**Due to limited places, registration will only be confirmed upon receipt of full payment, on a first-come-first-served basis.
Closing Date for Registration for November Courses: 22 OCTOBER 2008**

* Optional CPAP & PSG Workshops are applicable for participants who sign up for SSA course only.

Note: PSG workshop will be held concurrently with the SSA Cadaveric Dissection Observation and Cadaveric Dissection sessions. The following guide applies:

Optional Workshops:	Applicable for:
CPAP (1 November 08, PM)	Participants who sign up for any SSA courses (Lectures, Cadaveric Dissection Observation, Full Course)
PSG (2 November 08, PM)	Participants attending lectures only

Early Bird Rates are only applicable to SSA courses. Payment must be received on or before 15 September 2008 to enjoy the Early Bird Rates. The Organiser reserves the right to charge the standard rates after this date.

Cancellation Policy for November Courses

Any cancellation or replacement must be conveyed to the Organiser in writing. A cancellation fee of 50% of registration fee will be charged if the cancellation is received on or before 2 October 2008. There will be no refund of registration fee for cancellations made after 2 October 2008.

The Organiser reserves the right to modify the programme.

A full refund will be made should the course be cancelled due to unforeseen circumstances.

Refunds will be made after the event.

Organising Secretariat

SGH Postgraduate Medical Institute
Singapore General Hospital
Block 6 Level 1, Outram Road
Singapore 169608
Tel: (65) 6321-4078 / 6326-6682
Fax: (65) 6223-9789 / 6226-0356
Email: entweek@sg.com.sg
Contact: Ms Tan Ee Sia / Ms Dynelle Huang

Delegate's Particulars

Title: (please tick) Prof A/Prof Dr Mr Mrs Ms

Surname: _____

Given Name: _____

Designation: _____

Dept / Organisation: _____

Address: _____

Postcode: _____ Country: _____

Tel: () _____ Fax: () _____

Email: _____

Payment Options

Cheque / Bank Draft (to be drawn on a bank in Singapore) is enclosed.

Name of Bank

Cheque / Bank Draft Number

Amount (SGD) **

All cheques / bank drafts should be made payable to "Singapore General Hospital Pte Ltd". Kindly indicate your name, contact number and that the payment is meant for "ENT Instructional Course Week 2008" at the back of the cheque/bankdraft and mail to:

The Secretariat
SGH Postgraduate Medical Institute
Singapore General Hospital
Block 6 Level 1
Outram Road
Singapore 169608

Telegraphic Transfer

Bank

Reference No.

Amount (SGD) **

Bank Name : DBS Bank Ltd
Branch Name : Great World City Branch
Bank Address : 1 Kim Seng Promenade #02-32, Singapore 237994
Bank Code : 7171
Branch Code : 032
Account No. : 032-001600-6
Swift Code : DBSSSGSGXXX

Please state that the payment is for "ENT Instructional Course Week 2008, I.O. No: 51302720" and indicate your Name clearly. Upon completion of the transfer, please fax a copy of your remittance advice with your name to the Secretariat at (65) 6223-9789 for tracking purposes.

**** Payment made by Telegraphic Transfer or Bank Draft should be made nett of all bank charges and commissions.**

SNORING & SLEEP APNOEA SURGERY COURSE

1–3 November 2008

- ⇨ Radiofrequency Treatment of the Airway
- ⇨ Other Minimally Invasive Procedures for Snoring & Mild OSA
- ⇨ Uvulopalatopharyngoplasty
- ⇨ Variations of Palate Surgery
- ⇨ Palatal Surgery after Uvulo Palatopharyngoplasty / Tonsillectomy

DAY 3: MONDAY, 3RD NOVEMBER 2008

Lecture Topics:

- ⇨ Lingual Tonsillectomy
- ⇨ Tongue Base Suture
- ⇨ Glossectomy & Submucosal Lingual Excision
- ⇨ Hyoid Suspension
- ⇨ Genioglossus Advancement
- ⇨ Controversies in OSA
- ⇨ Maxillomandibular Advancement
- ⇨ Modified Maxillomandibular Advancement
- ⇨ Failures after OSA surgery
- ⇨ Anaesthesia for OSA
- ⇨ Surgical Risk Management
- ⇨ Future Advances in OSA Management

OPTIONAL WORKSHOPS

Continuous Positive Airway Pressure (CPAP) Workshop — 1 Nov

This will provide a hands-on and practical approach to management of patients on CPAP, from mask fitting to initiation of CPAP, introduction to the various modes of CPAP, as well as common problems encountered by patients on CPAP and how to troubleshoot these.

Topics presented and discussed include:

- ⇨ Difficult Case Scenarios
- ⇨ Difference between CPAP Machines
- ⇨ Introduction to Different Interfaces and Hands-on Mask Fitting
- ⇨ Troubleshooting for Common Problems
- ⇨ Follow-up of Patients: What to Look Out For
- ⇨ Interpreting Compliance Data

SNORING & SLEEP APNOEA SURGERY COURSE

1–3 November 2008

Polysomnography (PSG) Workshop — 2 Nov

This is a hands-on workshop which will cover the basic fundamentals of polysomnography technology and interpretation of sleep studies (including staging of sleep, new American Academy of Sleep Medicine scoring rules). The workshop stations will demonstrate common adult and paediatric polysomnographic abnormalities, pitfalls in PSG interpretation (including recognition of physiologic and non-physiologic PSG artifacts).

Topics presented and discussed include:

- ⇨ Overview of Sleep Recording Methodology
- ⇨ Review of Sleep Stage Scoring and Arousal Recognition
- ⇨ Diagnostic Aspects of Sleep Disordered Breathing
- ⇨ Review of PAP Titration Polysomnogram
- ⇨ Polysomnogram Recording Artifacts
- ⇨ Troubleshoot Possible Problems During the Recording
- ⇨ Scoring and Interpretation of the Multiple Sleep Latency Test

Snoring & Sleep Apnoea Surgery : Hands-on Cadaveric Dissection — 2 & 3 Nov

This course is designed for ENT specialists and doctors in training who have an interest in the management of Snoring and Obstructive Sleep Apnoea (OSA) and aims to give participants a balanced and comprehensive view of the management of Snoring and Obstructive Sleep Apnoea.

The hands-on cadaveric dissection workshop will allow participants to explore surgical techniques further to the lecture topics discussed. Limited seats are available as each dissection table will only accommodate 2 participants (who will have exclusive dissection rights) and 1 participant as observer.

Topics presented and discussed include:

- ⇨ Minimally Invasive Procedures
- ⇨ Radiofrequency
- ⇨ Coblation
- ⇨ Pillar Implants
- ⇨ Soft Palate Surgery
- ⇨ Tongue Base Procedures
- ⇨ Genioglossus Advancement
- ⇨ Hyoid Suspension
- ⇨ Maxillomandibular Advancement

1ST SINGAPORE ENT LASER COURSE

By Singapore General Hospital & Changi General Hospital 4–5 November 2008

About the Course

This two-day course is recommended for doctors-in-training as well as specialists involved in ENT laser surgery. It is also of value to operating theatre staff involved in laser procedures. On the first morning there are lectures and video presentations on basic science and clinical applications. This is followed by an afternoon seminar on laser surgery for laryngeal cancer. The second day consists of a full day of hands-on practice in the experimental lab using different types of lasers. We are pleased to welcome Professor Marc Remacle, a well-known expert in the field of ENT Laser Surgery, as our keynote speaker and instructor for this inaugural course.

DAY 1: TUESDAY, 4TH NOVEMBER 2008

Lecture Topics:

- ◇ Basic Laser Physics
- ◇ Equipment and Set-up Costs
- ◇ Laser Safety
- ◇ Anaesthesia for Laryngeal Laser Surgery
- ◇ Lasers for Benign Laryngeal Lesions
- ◇ Lasers in Oropharynx & Hypopharynx (Including CP Sphincter)
- ◇ Lasers in Paediatric Surgery
- ◇ Lasers in Otology
- ◇ Lasers in Rhinology

Practical Sessions include:

- ◇ Larynx
- ◇ Glossectomy
- ◇ Stapes
- ◇ Myringotomy
- ◇ Videos

DAY 2: WEDNESDAY, 5TH NOVEMBER 2008

Lecture Topics:

- ◇ Controversies in Laser Surgery for Laryngeal Cancer 1 — Radiotherapist's Perspective
- ◇ Controversies in Laser Surgery for Laryngeal Cancer 2 — Otolaryngologist's Perspective
- ◇ Indications & Techniques in Laser Surgery for Laryngeal Cancer T1 & T2
- ◇ Indications & Techniques in Laser Surgery for Laryngeal Cancer T3 & T4
- ◇ Pathological Considerations in Endoscopic Resections
- ◇ Avoiding Pitfalls in Laser Surgery for Laryngeal Cancer
- ◇ Restoring Voice After Laryngeal Laser Surgery
- ◇ Roundtable Discussion

Practical Sessions include:

- ◇ Larynx
- ◇ Glossectomy
- ◇ Stapes
- ◇ Myringotomy
- ◇ Videos

Please note that the topics are correct at time of print and are subject to change without prior notice by the organisers.
For the detailed programme, please visit www.pgmi.com.sg/entweek08

HANDS-ON TRANSNASAL ESOPHAGOSCOPY WORKSHOP

By Singapore General Hospital & Changi General Hospital 6 November 2008

About the Course

This is a one-day workshop aimed at equipping doctors with the necessary knowledge and skills to perform transnasal esophagoscopy (TNE) confidently in the clinical office setting. There are lectures on the basics as well as practical aspects of TNE. Hands-on practice on live patients is available to familiarise participants with the procedure.

THURSDAY, 6TH NOVEMBER 2008

Lecture Topics:

- ◇ Anatomy and Physiology of the Esophagus and Upper Aerodigestive Tract
- ◇ Gastroenterologist's Perspective of TNE, including Therapeutic Applications and Training
- ◇ Reflux Disease and Barrett's Esophagus. Endoscopic Diagnosis and Clinical Management
- ◇ Medical Management of GERD
- ◇ Extra-esophageal Manifestations of GERD
- ◇ Non-reflux Esophageal Pathology
- ◇ Foreign Bodies in the Esophagus
- ◇ Diagnostic and Therapeutic Indications for TNE in Otolaryngology
- ◇ How I Do It

Hands-on Practice

Each participant has the opportunity to perform TNE on live subjects in a supervised setting to gain hands-on familiarity with the procedure.

Please note that the topics are correct at time of print and are subject to change without prior notice by the organisers.
For the detailed programme, please visit www.pgmi.com.sg/entweek08

General Information

Course Venues

Dates	Courses	Venues	
1 – 3 Nov	Snoring & Sleep Apnoea Surgery Course	Lectures — 1 Nov Health Promotion Board Auditorium, Level 7	Dissection Workshops Clinical Skills Laboratory, SGH
		Lectures — 2 & 3 Nov SGH Postgraduate Medical Institute	Optional Workshops CPAP (1 Nov) & PSG (2 Nov) SGH Block 6 Level 9 Void Deck
4 – 5 Nov	1st Singapore ENT Laser Course	Lectures SGH Postgraduate Medical Institute	Dissection Workshops Clinical Skills Laboratory, SGH
6 Nov	Hands-on Transnasal Esophagoscopy Workshop	Workshop SGH Postgraduate Medical Institute	

For addresses and directions, please visit: http://www.pgmi.com.sg/entweek08/about_ent.shtm

Course venues are correct at time of print. Updates will be made on the official web site.

Detailed Programme of Courses

Please visit: <http://www.pgmi.com.sg/entweek08> for the detailed programme.

Official Language

The official language of the meeting is English.

Letter of Invitation

Upon request, the Organiser will issue a letter of invitation to facilitate the delegate's travel and visa arrangements. This invitation does not imply provision of financial or other support.

CME Accreditation

Application for CME points is in process. For updates, please visit the official web site.

Liability

The Organiser is not liable for personal accidents, illnesses, loss or damage to private properties of delegates. Delegates are advised to arrange for appropriate insurance coverage during the event period.

Disclaimer

Whilst every attempt will be made to ensure that all aspects of the event will take place as scheduled, the Organiser reserves the prerogative to make appropriate changes should the need arise.

About Singapore

Unique is the word that best captures Singapore, a dynamic city rich in contrast and colour where you'll find a harmonious blend of culture, arts and architecture. A bridge between the East and the West for centuries, Singapore, located in the heart of fascinating Southeast Asia, continues to embrace the tradition and modernity today. Brimming with unbridled energy and bursting with exciting events, the city offers countless unique, memorable experiences waiting to be discovered.

For more information, you may like to visit <http://www.visitsingapore.com/publish/stbportal/en/index.html>.

Accommodation

Participants may wish to check with their travel agencies for hotels located in the Chinatown or Havelock areas. These hotels are considerably near to the course venues.

For a general guide and online booking, please click onto "where to stay" tab in the following web page: <http://www.visitsingapore.com/publish/stbportal/en/index.html>.